



**THE COMMUNITY CHURCH OF LAMBERTVILLE  
First Presbyterian Church**

**Many voices with one faith, one heart.  
One family under God.**

**From Our Elder ~ Heather McIntyre**

**Where Do We Find Rest**

We are tired... We are always on the go. We live by a calendar. Alarms remind of us of all the places that we need to be... We search for better ways to organize our time, ways to be more productive each day. Our physical and mental health pay the price for this busy life. The average American does not get enough sleep. Stress costs the United States \$300 billion dollars per year.

This problem is not getting any better. We read articles about self care. We practice meditation, yoga and mindfulness. We turn to alcohol and sleeping pills to help us rest.

We continue to spend money to have this busy lifestyle and then we spend money to relax.

Even as Christians who know we should “worry about nothing, pray about everything”, we accept this lifestyle. We stay busy, we stay stressed. We continue to tell ourselves that we will enjoy life when things calm down. We will enjoy life when school lets out for the summer, when this sports season ends, when your kids are out of diapers, when you are finally able to retire... there is always a time in the future when life will calm down.

When do we rest? Many of us stay awake at night, worrying and stressing. How do we stop this endless cycle of stress, feeling exhausted, not just physically, but feeling exhausted down to your soul...

Let's take a look at the beginning, when God created the world, on the seventh day he rested. Why did God rest? It doesn't say that God was tired. He rested to look over what he created and enjoy it. Wow.

Psalm 147:5 tells us “Great is our Lord, and mighty in power; his understanding is infinite.” God is all powerful; he never tires and never needs to rest... Our creator does not NEED to rest, yet he set aside a day to look at what he created and enjoy it. What a lesson we can learn from our heavenly Father.

His power is so great that he spoke creation into existence. Surely he did not need to stop at day 6. Surely he could have continued creating for weeks and weeks. But his rest was purposeful. He took time to enjoy his creation.

*Continued from pg. 1...*

“Rest in the Lord” is a theme repeated throughout the Bible. This “rest” does not involve a nap. This rest is a break from worry and stress, a break from spiritual warfare that leaves us feeling tired to our soul.

Rest in the Lord. Be at peace. Surrender yourself to the Lord.

Our “rest” on this earth is short lived.

If we desire to experience the eternal state of rest in the Lord, we need to prioritize that on our to do list. “The fruit of righteousness will be peace, its effects will be quietness and confidence forever” Isaiah 32:17. “For only we who believe can enter his rest” Hebrews 4:3.

In order to enter the eternal period of peace, we need to learn to take time out to rest in the Lord. To purposefully stop doing active things... To sit and listen... To rest alone and to rest with our families... To teach our children to rest in the Lord.... We need to take time to sit and enjoy the fruits of our labor here on earth. We need to set aside our worries and trust in the Lord.

“Come to me, all of you who are weary and carry our heavy burdens, and I will give you rest”. Matthew 11:28

Such a simple concept, yet so hard to put into practice. This is where the devil gains a foothold. The solution is simple. Change your attitude. Work on that habit. Instead of feeling frustrated that you have fallen off, take a few minutes and purposefully take time to rest in the Lord. I guarantee it will change your life... but don't just take my word for it.

## “From the Office”

Thank you to all the Elders who have contributed for our front page, and to the congregation who submitted their information to our Church Newsletter, it is greatly appreciated. This is our last Newsletter until September, and I will be reaching out again in August, for the September Newsletter submissions. There are many things that are going on in our church over the summer, so please check the monthly calendar and bulletin for details! The Bell Choir is going to be playing on Father’s Day-June 18th. Thank you all for your continued support of our bell choir, and I would like to thank all the ringers, for their continued commitment to this wonderful outreach. We will be back in late fall, and I am always are looking for new ringers to join us. You don’t have to read music, just love the handbells... So please reach out to me if you are interested. Have a safe and blessed summer!!  
Sue




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## Church News:



Communion Sunday is **June 4th and August 6th**. On June 4th there will be Care & Share, and hosted by the Deacons.

The last Sunday for the 10:30 am service is June 4th. June 4th is the last Sunday for the Adult Sunday School. June 11th and is the start of our summer schedule, 9:30 am Worship.

June 4th is Hawaiian Shirt Sunday, and Pastor Gregory will be awarding the prize for the shirt with the best color and design. The award will be called **“The Joe Feraco Memorial Prize.”**

Father’s Day is Sunday June 18th, and we will be having the **Opening of the Grill** after the worship service. Hamburgers, hot dogs and drinks will be provided. A sign-up is in the downstairs hallway for the congregation to bring side dishes and desserts.

The Men’s Bible Study is Thursday June 22nd at 8:00 am, Sneddon’s-Lambertville. The Men’s Bible Study will be taking a break over the summer.

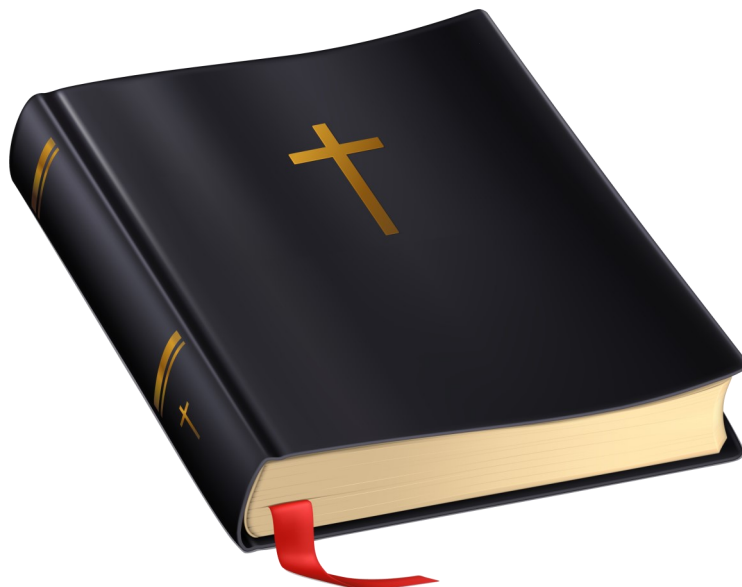
On Sunday July 2nd is the joint worship service with the river churches, at the Holcombe-Jimison Farm– 10:00 am. A picnic is to follow. More information in the upcoming bulletins.

Women’s Bible Study will continue to meet in the Church Library at 2:00 pm throughout the summer. All are welcome!

## The Importance of Laughter in our Daily Lives

- **Proverbs 17:22 “A cheerful heart is good medicine. But a broken spirit saps a person’s strength.”**
  1. Laughter lowers blood pressure
  2. Laughter burns calories
  3. Laughter boosts T cells which play an essential roll in our immune system.
  4. Laughter brings a sense of well being.
- **God created laughter, make it part of your daily routine.**

Blessings,  
Joanne D.



## *Ministry and Outreach:*

### News From Your Missions Team~

As we look forward to summer and vacation plans with our families and friends, we ask that you remember to keep our missionaries: John and Aruna Desai, Terry Slemmer and Grace Morillo, in prayer as they continue faithfully serving the Lord on the mission field. Also, please keep Sarah Tielmann, who has spent the last year working with college students attending Towson University in Baltimore, Maryland, in your prayers. Sarah worked with Cru, a campus ministry, and led Bible studies, as well as various on-campus outreach programs among the students. This summer, we plan to have Sarah visit us and tell us about her experiences working with the students this past year. We look forward to welcoming her back and hopefully, she'll bring her Aunt Helen Tielmann along with her!

The 39<sup>th</sup> Annual ISI (International Students Inc.) Garage Give-Away will be held Saturday, August 26<sup>th</sup> in Princeton, NJ. We are collecting any household items, small furniture, and bicycles (new or used) throughout the summer. If you would care to give a monetary gift toward repairing used bikes, that would be greatly appreciated. Keep an eye out for ISI inserts in the bulletin on Sundays this summer. Please see any Missions Team member if you have something you'd like to donate. Also, we'd love for you to consider volunteering at this event! It's a great way to share your faith and interact with the international students as they arrive on the Princeton University campus the end of the summer!

The 3<sup>rd</sup> Sunday of each month is Missions Sunday and we will continue taking up Missions offerings at that time. The Bible tells us that God loves a cheerful giver and besides our tithing, He is also well-pleased when we remember to give to Missions. Our missionaries are God's humble servants who have been moved to go out into the world and share the "good news" of salvation found only in the Name of Jesus. Please check out our Missions board in the rear of the sanctuary for updates each month. If you'd like to join our Missions Team, we'd love to have you!

Remember, God doesn't take a vacation! He is always there, waiting for us to come to Him, talk with Him, and to praise His Holy Name! He is ever faithful and we are truly blessed! Amen! Have a good and BLESSED summer!

Your Missions Team:

Addie Andino, Gail Armitage, Konni Sandford, Russ Topping and Donna Zambella

## Ministry and Outreach Cont...

### Greetings from your Deacons...

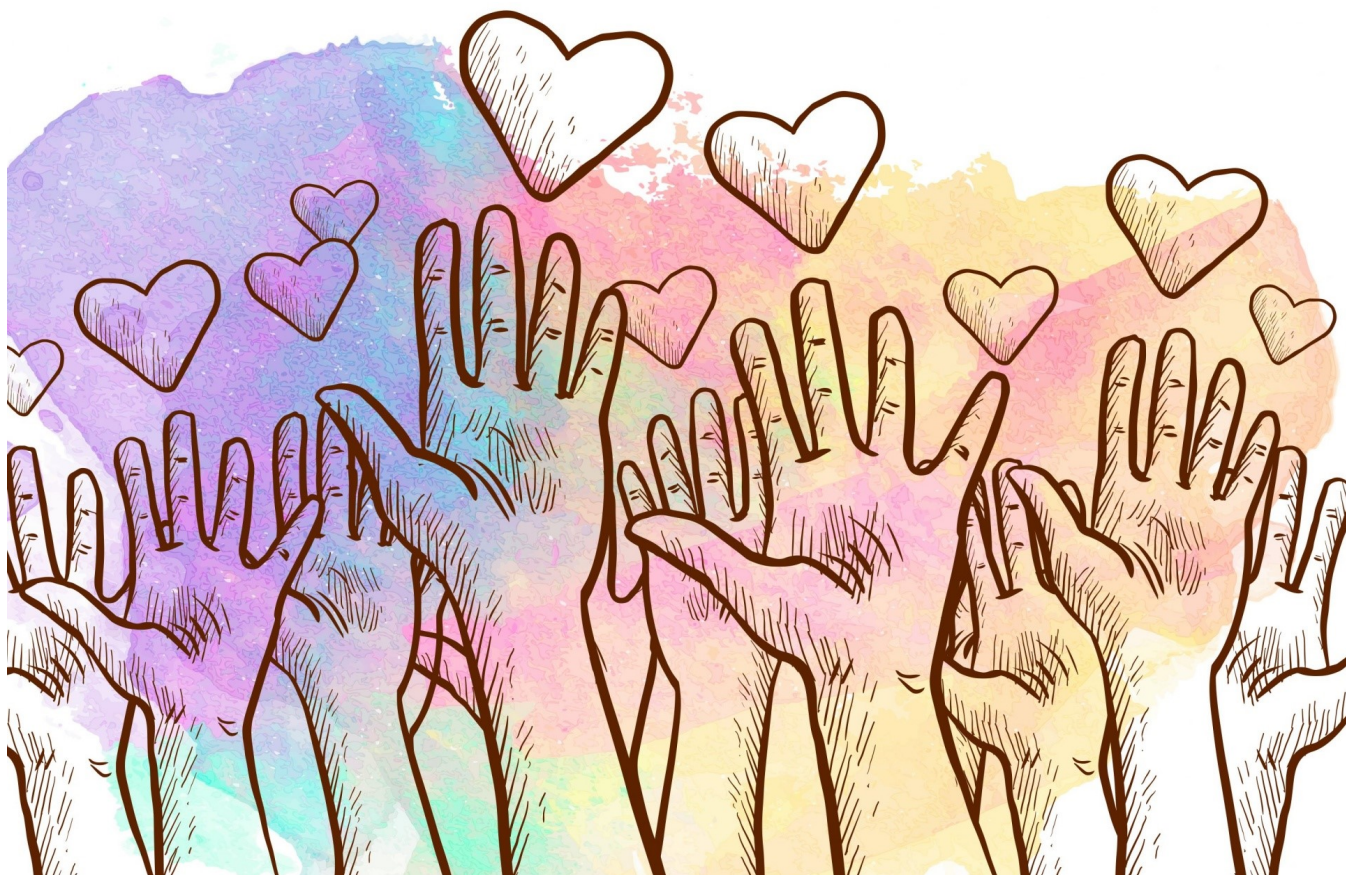
Although we are coming to the end of a season, and the beginning of a new one, we are not leaving you. You can still contact us should the need arise. Remember that we are here for you.

Our Junior Deacon program is working well with them collecting the offering. In the fall, we hope to expand their participation in the worship service and beyond.

We wish you all a safe, healthy and joyful summer. Know that God is watching over you, and seeks your companionship.

God bless you and we look forward to seeing you in the fall, if not sooner!

With our love and prayers~ Gail Armitage, Jen Chernoski, Heidi Danberry, LaNelle Gallagher, Terry Peck and Heather Pursell.



June Birthdays

3 Alfred J. Buchanan, III  
5 Dillon Gallagher  
7 Jeffrey Shurts  
10 Heather Pursell  
27 Doug Pursell  
27 Julia Garrenger

July Birthdays

9 Crystal Robertson  
9 Mark Dudick  
10 Peter Gilbert  
11 Sharon Fisher  
17 Courtney Hartpence  
17 Giulia Reading  
18 Ryan McIntyre  
18 Steve Chernoski  
20 Russ Topping  
22 Jack Zambella  
27 Pat Dorborow  
28 Ruth Crews  
30 Connie Fisher  
30 Sue McCloughan

August Birthdays

2 Dan Dorrow  
6 Danielle Griffiths  
11 Jim Gallagher  
11 Hannah McIntyre  
13 Jennifer Wiley  
15 Carin Gallagher  
17 Terry Peck  
18 Gail Armitage  
18 Quinn Durborow  
19 Bill Shurts  
21 Torrey Pursell  
22 Jen Chernoski  
23 Debbie Crow  
23 Phil McCloughan  
27 Graham Cummings  
31 John Frangakis



Just for Kids...

Children's Worship  
Bulletins™ ☀

# SUMMER CRAFT: prayer jars



## SUGGESTED MATERIALS

- mason jar
- paint
- paint brushes
- water cup
- paint palette
- big popsicle sticks
- hot or tacky glue
- decorations (glitter, stickers, ribbon, or anything you want to add!)

## HOW TO MAKE A PRAYER JAR

- ① paint your mason jar
- ② add decorations
- ③ write prayer ideas on popsicle sticks
- ④ add prayer sticks to your mason jar



STEP 1

STEP 2



STEP 3



STEP 4



- specific prayers for yourself or others
- inspirational quotes or verses
- things that you're thankful for
- thank God for His creation
- pray for someone you don't get along with
- give God all your worries today

## PRAYER VERSES

- Romans 12:12
- 1 Thess. 5:17
- Matt. 26:41
- Phillipians 4:6
- James 5:16
- Matt. 6:9-13





## **June Assisting Schedules:**

### **Elder Schedule**

June 4– **Communion**/Phil McCloughan

June 11– Don Pidcock

June 18– Karen Thatcher

June 25– Joanne DiBlasi

### **Deacon Schedule**

June 4– **Communion**/\*Heidi Danberry (**Stair Glide**), Gail Armitage

June 11– Jen Chernoski

June 18– Heather Pursell

June 25– Terry Peck

### **Greeting Schedule**

June 4– Donna Zambella

June 11– Karen Armano

June 18– Carol Griffiths

June 25– Gail Armitage

**If you unable to serve your scheduled dates,  
please find a replacement and contact the church office.**

**Schedules are subject to change**

**Please see the upcoming bulletins for the July and August Assisting Schedules.**

**Thank you!**

Session Minutes  
First Presbyterian Church of Lambertville  
Adult Sunday School Room  
April 17, 2023 7:00 PM  
and via Zoom

<u>Class of 2024</u>	<u>Class of 2025</u>	<u>Class of 2026</u>
Don Pidcock	Joanne DiBlasi	Pat Durborow
Karen Thatcher	Heather McIntyre	Phil McCloughan

Rev. Brad Morgan, Moderator

Susan McCloughan, Clerk of Session

**Present:** Joanne DiBlasi, Pat Durborow, Phil McCloughan, Heather McIntyre, Don Pidcock, and Rev. Brad Morgan

**Excused:** Karen Thatcher

**Guest:** Deacon LaNelle Gallagher

**Welcome:** Reverend Morgan, declaring a quorum, welcomed all to the April 17, 2023 Session Business Meeting and opened in prayer.

**Devotion** – Don Pidcock

When we have our men’s breakfast we have been meeting at Sneddon’s Deli because it is convenient and easy for everyone to be together. But if you asked about Aaron about his Deli, he would tell you its all about LOCATION, LOCATION, LOCATION! And then if you asked Pastor Brad about what is important to him, I am sure he would say PRAYER, PRAYER, PRAYER!

But aside from Location and Prayer, Jesus would probably tell you that TIMING is so much more important as timing is everything! TIMING, TIMING, TIMING.

Jesus knew that the success of His ministry is directly related to when it happens. How many times did Jesus tell His disciples—don’t tell anyone. Often-then showtime.

He tells us that in *Ecclesiastes 8:6* FOR THERE IS A PROPER TIME AND PROCEDURE FOR EVERY MATTER—THOUGH A person’s MISERY WEIGHS HEAVILY UPON themselves. Meaning, that even though you may think its not the right time as you are so busy and overwhelmed,

But Jesus knew He had a contract or covenant to fulfill as He knew, as our recently Retired Lawyer Rich Hopkins aka “Hops” would say that “Time is of the essence”, meaning timing is material to performing of a contract or obligation.

People were expecting Jesus when he was born but not for the purpose they wanted Him. In fact, two people had knew that Jesus was coming during their lifetime. That would be Anna, a prophetess-and Simeon. ***Luke 2:25-38.***

It tells us in ***Galatians 4:4*** that God sent Jesus in the fullness of time. God’s timing when everyone spoke Greek language, when travel was expanding across the seas, and when all roads led to Rome. But God knew that Jesus would show us the path to life. Which He has accomplished here and around the world.

Why at that time?? He came to set things right. To show people what God really wants in an individual. What God desires. How we should be treating others. So many other reasons, that if you attend Mother’s Day worship service, you will be blessed by hearing His word. God knows, but I am glad that He gave his life at that time, that so I may have life with Him forever. Amen.

**Guest:** Deacon LaNelle Gallagher- LaNelle wanted to update Session with information on this year’s Shad Fest and the Women’s Retreat. This upcoming weekend (4/21-23), Fred Kenney is a Pastor from Toms River, NJ and he will be at our church for the whole weekend, performing the show “Pete.” He will also be bringing a small band with him, and we will help them with their set up. With his show on Friday evening, 4/21, the Deacons will be supplying refreshments after. He is performing his shows for free, for our church, and will be taking a “Love” offering during the Friday night show. He will also be performing on Saturday at 2:00 pm during Shad Fest, and will be here on Sunday morning for our 9:00 am service. The Women’s Retreat is the weekend of May 19-21, and is held at the Sandy Cove Retreat Center in Maryland. 14 people are attending, and there is a possibility of maybe going from 2 nights to 1 night for next year. Brad will help to spread the word to other churches in the area. LaNelle also mentions and Phil talked about maybe having a Men’s retreat in the future. LaNelle left the meeting after speaking.

**Around the Room** - The Elders, Brad and myself went around the room and shared our concerns. Brad closed this section with prayer.

**Moderator Time** - Rev. Brad Morgan

Brad was reflecting on his time as a Hospital Chaplain, and was asking for God’s discernment. This was a preface to the handout that was passed out- “Quick Mission Study Questions” and asked that Session go over these questions, and to come back next month with their reflections and possibly to answer, “where do we go from here?”

**Clerks Correspondence and Session Mail Box** - Susan McCloughan

**Review of Minutes:** A **motion** was called to approve the minutes from March 20, 2023. All were in favor. The minutes will be sent to Sue/Church Office to be printed in the Book of Minutes and to be included in the Church Newsletter.

The April Pulpit Supply List was printed from the Presbytery's website, and handed out to Session. I will be printing this monthly and giving out the list at the business meetings. We had received an email from the Trenton Thunder regarding our church attending a baseball game this summer. They have a Faith and Family Night on July 29<sup>th</sup>. This may be a possibility, Pastor Brad said that Mt. Airy had gone to a game last year, and he will reach out to his congregation and get back to Session to see if our church and Mt. Airy could go as a group.

At this time Don asked if we should give Fred Kenney and honorarium for his service on Sunday April 23<sup>rd</sup>. Pat made a **motion** to pay a minimum of \$300.00 with a max of \$400.00, to Fred Kenney, the **motion** was 2<sup>nd</sup>. All were in favor.

### **Calendar Highlights from May-July 2023**

Communion is scheduled for 5/7, and 6/4 with Pastor Gregory. Care & Share will continue on Communion Sundays with different groups hosting. See the upcoming bulletins for who is scheduled to give the Sermons and Accompanists. The National Day of Prayer is May 4<sup>th</sup>, and our church will be open. Pat will be getting the flowers for Mother's Day 5/14 for all the ladies. The Women's Retreat is at Sandy Cove in Maryland on May 19-21. On May 21<sup>st</sup> there will be a concert at Mt. Airy Presbyterian, more details to follow. Pastor Gregory will be here for our church service on Sunday May 28<sup>th</sup>. There will be Men's Bible Study at Sneddon's on May 25<sup>th</sup> and June 22<sup>nd</sup> at 8:00 am. The last Sunday for the 9:00 am Sunday School and the 10:30 am Worship is June 4<sup>th</sup>. June 11<sup>th</sup> is the first Sunday of the 9:30 am Service. The 10:30 am service will resume in September. The last Session Business is June 19<sup>th</sup>. The Session Business Meetings will resume in September. Prayer Meetings may be held over the July and August, Session will let Sue know, so she can put them on the calendar. The Ladies' Bible Study will be continuing on Wednesdays through the summer months at 2:00 pm. On Sunday July 2<sup>nd</sup>, is the Joint Service at 10:00 am with the River Churches. Brad will get in touch with Karen Thatcher regarding this. He has spoken to Mary Lou (POC) from Holcombe-Jimison and firmed up the date. More details to follow soon.

### **Worship and Music/Church Life** – Joanne DiBlasi

**Insurance Review-** Not discussed tonight.

**Children's Time-** For those who have been giving the Sermons, have been giving the Children's Time, this is continuing to run smoothly.

**Sight & Sound-** The list is full and there is a waiting list if someone cancels.

**Accompanist/Pianist-** Sue updated Session with the Accompanist List. We are still in need of a permanent Accompanist/Director of Music, and we are still seeking the right candidate.

### **Building and Grounds** – Pat Durborow/Phil McCloughan/Don Pidcock

**Martinez Landscaping-** Pat spoke about this, and they were here recently and cleaned up the Westminster yard.

**Small Church Bathroom-** Pat and Phil talked about how the small bathroom looks good, and the changes that were made were well received.

The **new technology** to Livestream on YouTube is ongoing. The Grant for updating the equipment, had to be resubmitted to the Presbytery, this was done by Sue, and Casey Carbone's recommendations were sent with the information. We are now waiting to hear from the Presbytery to see if our Grant was approved, and what the next steps might be. More to follow. All went around the room and discussed the YouTube Livestream, and it is going well, but Phil

did say that once we get up and running with the new equipment, it will most likely run better. Right now Stephen McCloughan is using his phone to record the Livestream.

**Budget and Finance** – Heather McIntyre

**Subsplash-** This is our online giving tool on the Church Website, and is being used to get donations, and can be an answer to our prayers for people to donate that aren't able to attend the in-person worship service.

Our Year-to-Date Summary was given out and was discussed, from 1/1-4/17/23, and we are over in our Plate \$1468.88. The Wells Fargo Bank, a few branches have been closed. There is a possibility that our church may be looking for a new bank to transfer our accounts to. More to follow.

**Lowell Hunter Estate-** It was discussed that we emailed the Law Office of Buchanan in Lambertville, and for him not to act on our behalf. Session asked Heather to send Buchanan something formally in a letter asking the Buchanan Law Firm not to act on our behalf. An email was sent by Rich Hopkins to them back in June 2022, so Heather will follow up with another letter. This has been an ongoing issue, and the State of NJ has also been involved. Heather will keep Session informed of the progress.

**Usage of the Gym for LPS-** Phil McCloughan spoke with Jim Troutman, about Lambertville Public School and using the gym on Mondays and Fridays for the school year 2023-2024, while their building is getting renovated. Jim suggested \$140.00 per week, or \$560.00 per month. It was discussed whether we were going to charge what is on our Facility Use Agreement, or if the above amount is acceptable. What amount should be charged? Brad answered to be responsible to the community and be gracious to the children.

Phil made a **motion** for \$550.00 per month, for LPS to use the gym from September 2023 to June 2024, just for Mondays and Fridays, the **motion** was 2<sup>nd</sup>, and all were in favor. Phil will get in touch with Jim Troutman and give him the information. Jim is our point of contact with LPS.

Snow removal was discussed, and Martinez will do our snow removal as well as our landscaping.

**Westminster House-** Heather talked about her discussion with Justin from Elizabethtown Gas, and the heating system. Justin thinks that 80 percent of the heating system can be covered by Elizabethtown Gas, if we decided to go with a new furnace. Also, should we continue fixing the furnace that we have now, and using Garden State Heating or someone else? Since Garden State isn't fixing the issue, and their bills have been high, the Session may be looking for a new company to go to for maintenance. Heather will keep the Session posted on the heating system.

**Boy Scouts-** No updates at this time. Our Elder Liaison to the Boy Scouts is Don Pidcock.

**Sunday School/Junior Deacons** – Joanne DiBlasi/Don Pidcock

**Sunday School-** Don spoke that Sunday School is continuing at this time.

**Junior Deacons-** Joanne mentions what the Junior Deacons could be responsible for. Some examples are- the offering, ringing the bell before the worship service, encourage the children to bring a canned good to Sunday School, for Peter's Pantry outside. Pat suggested that on Communion Sunday, to remind all to bring a canned good. Sue will put this information in the upcoming bulletins.

**Missions** – Joanne DiBlasi

**The Mission Team-** Missions will be meeting on April 30<sup>th</sup> or May 7<sup>th</sup>. The checks went out to the missionaries, and all is going well. We will let Fred Kenney (of “Pete”) that Heather will be issuing a check out to him.

**Notations**

**Holy Communion-** Was planning to be held on April 23<sup>rd</sup> by Pastors Fred Kenney, and April 30<sup>th</sup> by Peter Gregory

**Continuing of Education-** Elders are encouraged to continue in and share the word of God through reading His Word, devotions, prayer and to be involved in education.

**Elders-**Are to continue Pastoral Care as needed.

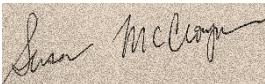
**Prayer Meetings-** Will be held on the first Monday of each month. Members will be sharing His Word through readings, thoughts, scripture and prayer, and will be in person. For those who cannot make in person, a livestream will be available. If for personal reasons keep session members from attending, the session resolved to pray wherever they are during the 7 o'clock hour.

**Session Devotion Rotation-** For the May Meeting is Karen Thatcher, and June is Joanne DiBlasi.

**Adjournment**

The meeting adjourned at 9:00 pm and was closed in Session prayer.

Respectfully Submitted,



Susan McCloughan  
Clerk of Session